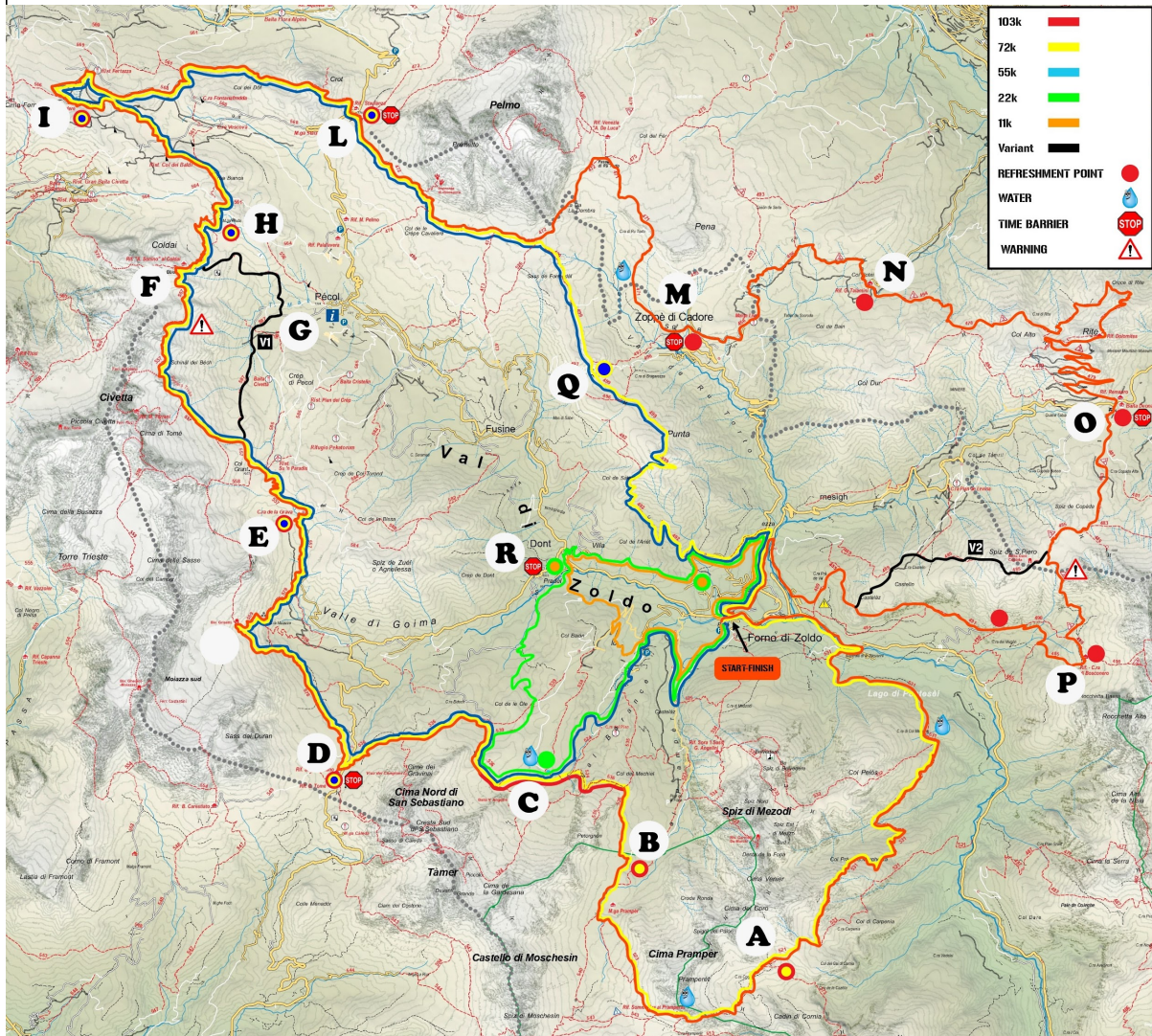


# DOLOMITI EXTREME TRAIL

## TIMETABLES FOR SUPPORTERS ORARI PER ACCOMPAGNATORI



**NO SHUTTLE BUS AVAILABLE - SOLO CON MEZZI PROPRI**

**The refreshment areas are reserved ONLY for athletes  
Le aree dei ristoranti sono riservate SOLO agli atleti**

	Location Luogo	How to reach it Come raggiungerlo	Passage times Orari passaggi
<b>A</b>	MALGA CORNIGIA Refreshment - Ristoro	3h 30 min walk/ a piedi da Ospitale di Zoldo Sentiero CAI 521	SATURDAY - SABATO 103k 00.30 - 03.30 72k 02.30 - 05.30
<b>B</b>	MALGA PRAMPER Refreshment - Ristoro	1h 30 min walk/a piedi da parcheggio Pian dela Fopa	SATURDAY - SABATO 103k 00.30 - 03.30 72k 02.30 - 05.30
<b>C</b>	LAGHETTO DEL VACH 22k Refreshment - Ristoro	30 min walk/a piedi da Malga del Pian	SATURDAY - SABATO 103k 01.00 - 04.30 72k 03.00 - 06.30 55k 05.45 - 06.30 SUNDAY - DOMENICA 22k 09.00 - 10.00

<b>D</b>	PASSO DURAN Refreshment - Ristoro 103k 72k Time barrier - Cannello orario	By car – In auto	SATURDAY - SABATO 103k 02.00 - 07.00 72k 04.00 - 08.30 55k 06.30 - 08.00
<b>E</b>	MALGA GRAVA Refreshment - Ristoro	60 min walk/a piedi da Le Vare Goima	SATURDAY - SABATO 103k 03.30 - 08.45 72k 05.00 - 10.45 55k 07.30 - 11.00
<b>F</b>	RIFUGIO COLDAI Refreshment - Ristoro	100 min walk/a piedi da Palafavera	SATURDAY - SABATO 103k 04.30 - 11.00 72k 06.30 - 13.00 55k 08.30 - 14.30
<b>G</b>	LE PALANCHE (V. 1) Refreshment - Ristoro	20 min walk/a piedi da Pecol	SATURDAY - SABATO 103k 03.30 - 11.00 72k 06.30 - 13.00 55k 08.30 - 14.30
<b>H</b>	MALGA PIODA Refreshment - Ristoro	40 min walk/a piedi da Palafavera	SATURDAY - SABATO 103k 04.30 - 11.00 72k 07.00 - 13.00 55k 09.00 - 14.30
<b>I</b>	RIFUGIO BELVEDERE Refreshment - Ristoro	60 min walk/a piedi da Malga Fontanafredda	SATURDAY - SABATO 103k 5.00 - 12.00 72k 07.30 - 14.00 55k 09.30 - 15.00
<b>L</b>	PASSO STAULANZA Refreshment - Ristoro Time barrier - Cannello orario	By car – In auto	SATURDAY - SABATO 103k 06.30 - 14.30 72k 08.30 - 16.00 55k 10.00 - 15.30
<b>M</b>	ZOPPE' DI CADORE Refreshment - Ristoro Time barrier - Cannello orario	By car – In auto	SATURDAY - SABATO 103k 07.00 - 18.30
<b>N</b>	RIFUGIO TALAMINI Refreshment - Ristoro	50 min walk/a piedi da Zoppè di Cadore	SATURDAY - SABATO 103k 07.30 - 19.30
<b>O</b>	PASSO CIBIANA Refreshment - Ristoro Time barrier - Cannello orario	By car – In auto	SATURDAY - SABATO 103k 09.00 - 22.00
<b>P</b>	RIFUGIO BOSCONERO Refreshment - Ristoro	90 min walk/a piedi da Pontesei	SATURDAY - SABATO 103k 11.00 - 00.30
<b>Q</b>	PASSO TAMAI Refreshment - Ristoro	40 min walk/a piedi da Costa	SATURDAY - SABATO 72k 08.30 - 18.00 55k 10.00 - 16.00
<b>R</b>	DONT DI ZOLDO Refreshment - Ristoro 22k Time barrier - Cannello orario	By car – In auto	SUNDAY - DOMENICA 11k 09.15 - 11.30 22k 9.30 - 11.30
<p>Personal assistance to athletes is only possible in those refreshment points where the time gates relating to the chosen distance have been programmed.</p> <p>L'assistenza personale agli atleti è consentita solo nei ristoranti dove siano stati programmati i cancelli orari relativi alla gara scelta.</p>			