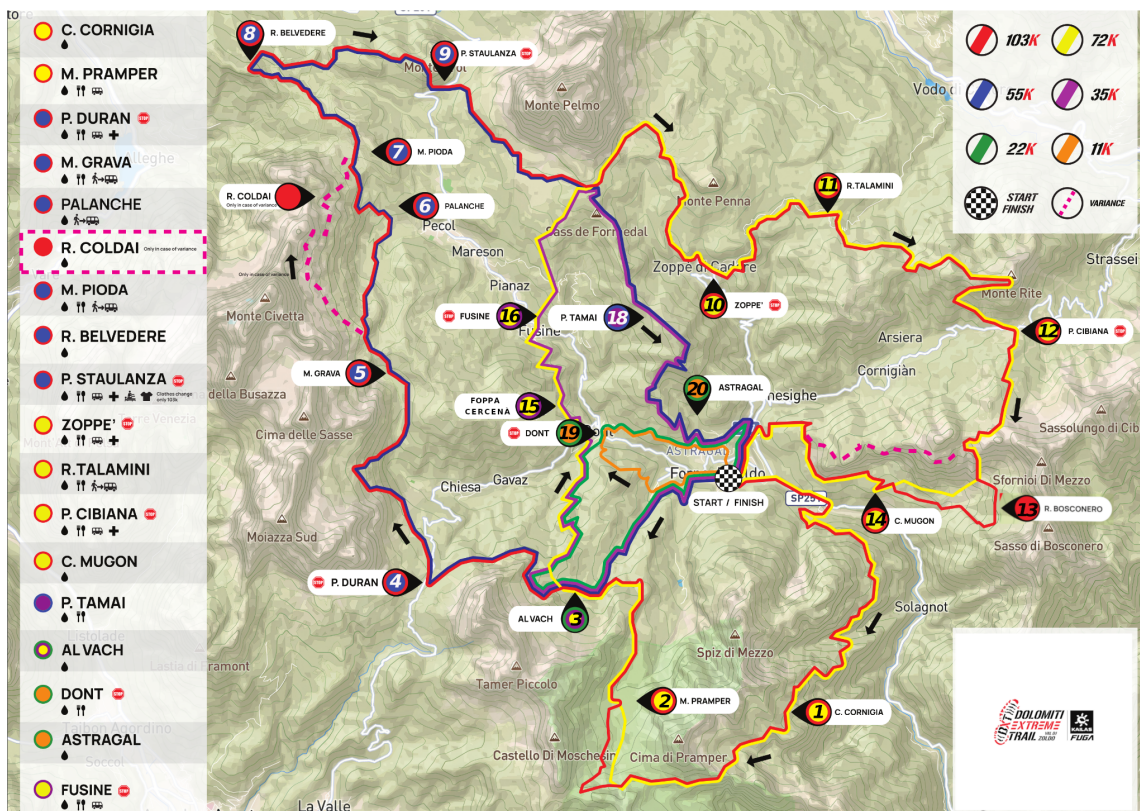


DOLOMITI EXTREME TRAIL

ORARI PER ACCOMPAGNATORI - TIMETABLES FOR SUPPORTERS



SOLO CON MEZZI PROPRI - NO SHUTTLE BUS AVAILABLE

Le aree dei ristori sono riservate **SOLO** agli atleti
The refreshment areas are reserved **ONLY** for athletes

	LUOGO LOCATION	COME RAGGIUNGERLO HOW TO REACH IT	ORARI PASSAGGI PASSAGE TIMES
1	MALGA CORNIGIA Ristoro - Refreshment	3h 30 min a piedi / walk da Ospitale di Zoldo Sentiero CAI 521	SABATO - SATURDAY 103K 23:45 - 01:15 72K 01:45 - 01:30
2	MALGA PRAMPER Ristoro - Refreshment	1h 30 min a piedi / walk da parcheggio Pian de la Fopa	SABATO - SATURDAY 103K 00:50 - 03:50 72K 02:30 - 05:30
3	LAGHETTO DEL VACH 22K Ristoro - Refreshment	30 min a piedi / walk da Malga del Pian	SABATO - SATURDAY 103K 01:30 - 05:00 72K 03:10 - 07:00 55K 06:15 - 07:00 35K 08:45 - 09:30 DOMENICA - SUNDAY 22K 09:00 - 10:00
4	PASSO DURAN RIF. SAN SEBASTIANO Ristoro - Refreshment 103K Cancellor orario - Time barrier	In auto - By car 	SABATO - SATURDAY 103K 02:20 - 07:00 55K 06:50 - 08:30
5	MALGA GRAVA Ristoro - Refreshment	60 min a piedi / walk da Le Vare Goima	SABATO - SATURDAY 103K 03:30 - 08:45 55K 07:30 - 11:30

6	LE PALANCHE Ristoro - Refreshment	20 min a piedi / walk da Pecol		SABATO - SATURDAY 103K 04:00 - 10:00 55K 08:30 - 11:30
7	MALGA PIODA Ristoro - Refreshment	40 min a piedi / walk da Palafavera		SABATO - SATURDAY 103K 05:00 - 11:00 55K 09:00 - 12:30
8	RIFUGIO BELVEDERE Ristoro - Refreshment	60 min a piedi / walk da Malga Fontanafredda		SABATO - SATURDAY 103K 05:30 - 12:30 55K 09:30 - 14:00
9	PASSO STAULANZA Ristoro - Refreshment Cancello orario - Time barrier	By car - In auto		SABATO - SATURDAY 103K 06:10 - 14:30 55K 10:00 - 16:00
10	ZOPPÉ DI CADORE Ristoro - Refreshment Cancello orario - Time barrier	In auto - By car		SABATO - SATURDAY 103K 07:30 - 18:30 72K 05:20 - 13:00
11	RIFUGIO TALAMINI Ristoro - Refreshment	50 min a piedi / walk da Zoppé di Cadore		SABATO - SATURDAY 103K 07:50 - 19:30 72K 05:40 - 14:00
12	PASSO CIBIANA Ristoro - Refreshment Cancello orario - Time barrier	In auto - By car		SABATO - SATURDAY 103K 09:30 - 22:30 72K 07:00 - 18:00
13	RIFUGIO BOSCONERO	90 min a piedi / walk da Pontesei		SABATO - SATURDAY 103K 11:00 - 00:30
14	CASERA MUGON Ristoro - Refreshment	30 min a piedi / walk da Pontesei		SABATO - SATURDAY 103K 11:00 - 01:30 72K 07:50 - 17:10
15	FOPPA - CERCENÀ	Foppa: In auto - By car Cercenà: 30 min a piedi / walk da Foppa		SABATO - SATURDAY 72K 03:50 - 08:00 35K 09:00 - 12:00
16	FUSINE Ristoro - Refreshment Cancello orario - Time barrier	In auto - By car		SABATO - SATURDAY 72K 04:30 - 10:00 35K 09:30 - 12:00
17	COI	In auto - By car		SABATO - SATURDAY 72K 04:50 - 11:00 35K 09:50 - 13:00
18	PASSO TAMAI Ristoro - Refreshment	40 min a piedi / walk da Costa		SABATO - SATURDAY 55K 10:30 - 16:30 35K 10:00 - 15:00
19	DONT DI ZOLDO Ristoro - Refreshment Cancello orario - Time barrier	In auto - By car		DOMENICA - SUNDAY 11K 09:15 - 11:30 22K 9:30 - 11:30
20	ASTRAGAL	In auto - By car 15 min a piedi / walk da Forno		DOMENICA - SUNDAY 11K 09:30 - 11:45 22K 9:45 - 11:45

L'assistenza personale agli atleti è consentita solo nei ristori dove siano stati programmati i cancelli orari relativi alla gara scelta.

Personal assistance to athletes is only possible in those refreshment points where the time gates relating to the chosen distance have been programmed.